Form 144 Filer Information UNITED STATES
SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

**FORM 144** 

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

#### 144: Filer Information

Filer CIK 0001453957
Filer CCC XXXXXXXX
Is this a LIVE or TEST Filing? • LIVE • TEST

Submission Contact Information

Name

Phone

E-Mail Address

### 144: Issuer Information

Name of Issuer Accolade, Inc. SEC File Number 001-39348

660 W. GERMANTOWN PIKE SUITE 500

Address of Issuer

PLYMOUTH MEETING
PENNSYLVANIA

19462

Phone 610-834-2989

Name of Person for Whose Account the Securities are To Be Sold Cavanaugh Robert N

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

### 144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Securities
Common	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917	213	830.00	80008376	08/13/2024	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

## 144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
Class	Acquired	Acquisition	Person from	this	Donor	Securities	Payment	Payment *
	_	Transaction			Acquired	Acquired		

Whom a Acquired Gift?

Common 08/12/2024 Restricted Stock Vesting Issuer

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08/12/2024 Compensation

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

# 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	<b>Gross Proceeds</b>
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	05/13/2024	206	1533.44
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	05/17/2024	154	1120.00
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	06/11/2024	223	1438.19
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	06/12/2024	5728	37888.43
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	06/18/2024	155	950.03
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	07/02/2024	457	1618.05
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	07/11/2024	208	732.31
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	07/17/2024	157	605.60
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	08/02/2024	491	1821.32

# 144: Remarks and Signature

Remarks Sale includes an amount necessary to cover a tax obligation resulting from the settlement of a vested equity award distribution.

Date of 08/13/2024

Notice

#### ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Gary Redman, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for Robert Cavanaugh

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)