#### Form 144 Filer Information SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

# **144: Filer Information**

Filer CIK0001970353Filer CCCXXXXXXXIs this a LIVE or TEST Filing?Is LIVE TESTSubmission Contact InformationIs this a Live of the second secon

Name Phone E-Mail Address

#### **144: Issuer Information**

Name of Issuer	Accolade, Inc.
SEC File Number	001-39348
Address of Issuer	660 W. GERMANTOWN PIKE SUITE 500 PLYMOUTH MEETING PENNSYLVANIA 19462
Phone	610-834-2989
Name of Person for Whose Account the Securities are To Be Sold	Eskew Richard
See the definition of "person" in paragraph (a) of Rule 144. Information	ation is to be given not only as to the person fo

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer

Officer

### **144: Securities Information**

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value			Securities
Common	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917	361	3935.41	73634043	05/22/2023	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

### **144: Securities To Be Sold**

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this		Amount of Securities		Nature of Payment *
	•	Transaction			Acquired	Acquired	5	5

		Whom Acquired	a Gift?		
Common	05/19/2023 Restricted Stock Vesting	Issuer		361	05/19/2023 Compensation

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

# 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale Sold	Gross Proceeds
Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	03/02/2023 478	5795.75
Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	03/03/2023 454	5805.71
Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	03/06/2023 439	5799.98
Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	04/04/2023 133	1828.86
Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	05/02/2023 112	1400.75

#### 144: Remarks and Signature

Remarks	
Date of Notice	05/22/2023
ATTENTION:	

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Jennifer Ruchti, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-infact for Richard Eskew

#### ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)