UNITED STATES SECURITIES AND EXCHANGE COMMISSION Form 144 Filer Information Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001453957 Filer CCC XXXXXXXX Is this a LIVE or TEST Filing? IIVE TEST Submission Contact Information

Name Phone E-Mail Address

144: Issuer Information

Name of Issuer Accolade, Inc. SEC File Number 001-39348 660 W. GERMANTOWN PIKE SUITE 500 PLYMOUTH MEETING Address of Issuer PENNSYLVANIA 19462 610-834-2989 Phone Name of Person for Whose Account the Securities are To Be Sold Cavanaugh Robert N

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Securities
Common	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917	214	1846.24	76232192	10/11/2023	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Donor		 Nature of Payment *
		Transaction		Acquired	Acquired	

Officer

		Whom Acquired	a Gift?		
Common	10/10/2023 Restricted Stock Vesting	Issuer		214	10/10/2023 Compensation

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Securities Sale Sold	
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	07/11/2023 216	2738.58
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	07/18/2023 152	2152.37
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	08/11/2023 217	3048.70
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	08/18/2023 157	2045.62
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	09/12/2023 215	2843.81
Robert Cavanaugh 1201 Third Avenue Suite 1700 Seattle WA 98101	Common	09/19/2023 157	1854.25

144: Remarks and Signature

Remarks Date of Notice ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Daniel Tucci, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for Robert Cavanaugh

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)