UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144 Filer Information

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001970353 Filer CCC XXXXXXXX Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name Phone

E-Mail Address

144: Issuer Information

Name of Issuer Accolade, Inc. SEC File Number 001-39348

660 W. GERMANTOWN PIKE SUITE 500

PLYMOUTH MEETING Address of Issuer **PENNSYLVANIA**

19462

Phone 610-834-2989 Eskew Richard

Name of Person for Whose Account the Securities are To Be Sold

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Officer Relationship to Issuer

144: Securities Information

| Title of the Class of Securities To Be Sold | Name and Address of the Broker | Number of Shares or Other Units To Be Sold | Aggregate Market Value | | | Name the Securities Exchange |
|--|---|---|---------------------------|----------|------------|------------------------------------|
| Common | Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917 | 355 | 3933.93 | 73634043 | 05/23/2023 | NASDAQ |

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

| Title of the | Date you | Nature of | Name of | Is | Date | Amount of | Date of | Nature of |
|--------------|----------|-------------|-------------|------|----------|------------|---------|-----------|
| Class | Acquired | Acquisition | Person from | this | Donor | Securities | Payment | Payment * |
| | | Transaction | | | Acquired | Acquired | | |

| Whom | a |
|----------|-------|
| Acquired | Gift? |

Common 05/22/2023 Restricted Stock Vesting Issuer 555 05/22/2023 Compensation

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

| Name and Address of Seller | Title of Securities Sold | Date of Amount of Securities Sale Sold | |
|--|--------------------------|--|---------|
| Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101 | Common | 03/02/2023 478 | 5795.75 |
| Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101 | Common | 03/03/2023 454 | 5805.71 |
| Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101 | Common | 03/06/2023 439 | 5799.98 |
| Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101 | Common | 04/04/2023 133 | 1828.86 |
| Richard Eskew 1201 Third Avenue Suite 1700 Seattle WA 98101 | Common | 05/02/2023 112 | 1400.75 |
| Richard Eskew 1201 Third Avenue, Suite 1700 Seattle WA 98101 | Common | 05/22/2023 361 | 3935.41 |

144: Remarks and Signature

Remarks

Date of Notice 05/23/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Jennifer Ruchti, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-infact for Richard Eskew

lact for Richard Eskew

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.